



ALBERTO PUERTO MUSIC

# WELCOME

At Alberto Puerto Music, we design our adult beginner classes to be engaging, clear, and approachable. Here's what you can expect in your very first session:



## WHAT TO EXPECT

- The professor will perform a short piece on the guitar to set the tone for the lesson.
- A brief explanation of posture: how to sit, where to place the hands, and how the body works when playing guitar.
- Adjustment of the footstool position and height for comfort and technique.
- An introductory exercise on plucking the strings with the index (i) and middle (m) fingers using rest stroke (right hand).
- Introduction to pressing the strings with the left-hand fingers.
- Basic strumming patterns with the right hand.
- Playing a simple harmonic cycle of 2 or 3 chords.
- Gathering the right gear and materials for the student.

## MORE INFORMATION

786-564-7300 cell

[www.albertopuerto.com](http://www.albertopuerto.com)

